

MY JOURNEY BACK TO TRUTH

Jesus as an illumined being would not have been focused on or acting out of self interest as I still am. He would not have been attached to outcomes. He would have accepted all occurrences in his life with an unshakable equanimity and peace responding gently to experiences instead of reacting as I am wont to do. Residing in serene peace within his heart he would have embraced all men and creation as parts of himself, parts of his one being. While being in the world he would truly no longer be of the world. He would have resided in “okayness” and total acceptance of what is, a state of perfect inner peace, stillness and harmony. Truth within him would have directed his performance of daily tasks. Because of his inner rebirth into spirit he would have been fully in communion with other dimensions of existence including those in the universe well beyond our earth.

I have been drawn into the presence of a Master of Truth, an awakened being of total honesty, tenderness and love, an illumined being. A beautiful mirror of what I can become sits before me. I respond to the gentle coaxing of emanations of Truth and love in his presence wanting to model myself like him. The bonfire of light that is my Master’s presence kindles a tiny flame within my heart. I feel a tender pull to awaken to my real self. I, in recognition, acknowledge deep within that Truth is my first true priority in life and give permission within to begin my journey to surrender completely to Truth.

At first I struggle against the pull, still choosing the Maya world of separation while only giving lip service to desiring Truth as my first priority. I still insist on pushing the river to make life flow my way. Too enamored by many worldly stimulations I am continually drawn into a shallow separative existence. I use personal power for myself.

Honesty now shows me that I am not, nor have I ever been, truly in charge of my life at all. Now I open to seeing that my life is and always was a false creation since the time of my early childhood. I have made a separate self created personality. I now see that my desires to live in comfort, to become thinner or healthier or earn more money all stem from this false self created way of being. I realize that I am attached to the control of my life, to have possessions, to live in comfort, and to be to be financially secure. My needing and wanting all hold me back from my desire to live in a true state of being. My thoughts and emotions have focused on me and mine creating barriers that cut me off from living as an open heart. I see that I hold myself apart from my real inner knowing out of fear. Fear of pain. Fear of loss. Fear of what the unknown future may bring.

My master’s guidance in stillness and gentle tenderness shows me that gentle “Okayness,” total acceptance of what is, and total honesty are tools to develop the foundations for a new way of being. Then living in humility and vulnerability and giving over control of my life to my inner being will continue the process of setting aside my unreality.

To embrace Truth within requires that I listen to my inner knowing and honestly accept everything in my life as it presently is without any desire to change it. A still heart in the midst of the chaos and upheavals of life will develop providing a peaceful response to

experience rather than a reaction to experience. Just as my Master lives in the world but not of the world I could enjoy residing in inner peace and stillness by allowing myself to detach from outcomes in my surface existence. I can choose to live from a place of total “okayness” while residing in a state of gentleness, openness and softness. The choice is mine to make.

As a child of the one creation I am free to choose to continue living as I am or free to allow Truth within me to direct my life completely. Can I trust myself to honestly hear and respond to the divine within me? Truth in gentleness is willing to wait for my decision.

My heart chooses Truth.

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