

FIRST CALGARY MEETING

John de Ruiter says that as babies our original state is that of residing in “being” in Truth, but as we begin reacting to our experiences and shaping ourselves to our family’s expectations, we lose our original state of innocence. That original state is one of trusting simplicity, of being loving and open - a way of living in the moment and being totally “Okay” with ourselves at all times.

I organized the first meeting for John in Calgary in January 1997. By word of mouth my friend Peter and I attracted ninety people to meet John for the first time. As I went to supper with John I told him

“I don’t know what Truth is.”

He replied “Then that is something you know”

As the session began I introduced John to the assembly. As I sat down I thought to myself with gratitude

“There is one thing I do know and that is that we are receiving an incredible blessing.”

Immediately I was surprised when suddenly a huge rush of energy flowed from my heart toward John who was sitting in front about eight feet away on my right side. With such strong gratitude feelings tears sprang to my eyes and I experienced an opening of my heart. The energy field seemed to spread out from my heart in a wide circle that extended across my complete chest. It was radiating as if it was a sun and felt like my heart was burning on fire. I realized that I was experiencing a mystical state often depicted on statues of Christ where his heart is shown on fire with rays shooting out around it.

John sat in silence connecting with people for an hour before the first questioner stood up and broke the silence. Querulously he asked “What is this all about?” John’s reply broke the silence. The ensuing repartee and connecting that followed continued until midnight. A few people at the meetings reported seeing energy and colors around John. In some cases they saw a flow coming from his feet. Meeting John for the first time and following only five minutes of eye contact with a grateful thought toward John, Marilyn had a kundalini experience that set her consciousness aside. So powerful was it that she found herself in a pre verbal place beyond language with all of her cells incredibly enlivened.

For four more hours next morning in the same hastily arranged location to a group that now numbered 150, John continued to connect with people and answer questions about Truth.

Now my heart has been stirred. I feel a pull that draws me to want to become awakened to Truth within like John. I know that my life will be changed. I will surrender to the Truth within my heart and start to let go of my wants and needs for worldly things. It will lead to experiences which will be reversing the outwardly focused direction of my life and rebirthing my focus inwardly to new ways of being in the world filled with love and caring for others. Eventually my worldly self sacrifices will become a life oriented in unity and oneness in place of separation. Leading me to being in the world but not of the world.

Nana April 17, 1997”

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