

How unbiased is the advice I give another? Often I receive advice, but truly rare is advice so unbiased that it could be taken two different ways to the benefit of the hearers receiving it is. A beautiful communication “ah hah” indeed.

PERFECT ADVICE

It was at an October Thanksgiving weekend at a children’s camp on Gabriola Island in British Columbia that I received perfect advice. I was attending by myself my first weekend with *The Evergreens*, (the name given to the energy of Michael Blake Read’s higher self that speaks through him while he is in a deep trance state). Michael would lie down in a reclining chair, bid us goodbye and then go into a deep trance like sleep, guided by gentle statements made by his wife Phillipa. In a few minutes a new voice vastly different from Michael’s would greet her and then greet the audience. For the next 45 minutes the voice would speak on topics to uplift spiritual understanding of the audience. Following several sessions each day where *The Evergreens* gave talks on a variety of subjects, the final session was a question and answer session. Each of the eighty of us present for the weekend was given a chance to ask one question of *The Evergreens*. I thought about what I would ask and decided that I would ask about my job and my marriage. I had been struggling with making decisions about my work and what to do about my marriage of twenty nine years. My husband and I had grown so far apart in our areas of interest and compatibility. I had embraced the areas of metaphysics and spirituality and my husband had not, even belittling me for my interests. My turn came at last.

“What do you want?” *the Evergreens* asked me.

‘I want to know what to do about my job and my marriage’ I nervously replied.

“If you want to know what to do about your marriage, find one thing about your husband and praise it every day and in six weeks your decision will be easy.”

Upon return to my family in Calgary, I began to apply *The Evergreen’s* advice. I thought about how much fun my husband and I had in the morning, laughing and joking as we were getting dressed for the day. I began to praise my husband’s sense of humor every day. By early December, I realized that the reason why I was having difficulty with my decision to leave my relationship was that my husband had many fine qualities. But while he had many fine qualities, they were no longer right for me. I made the decision to ask for a divorce and by January 21 was living on my own.

The following year I once again traveled to Gabriola Island to take part in another Thanksgiving weekend with *The Evergreens*. Friends that I had made the previous year kindly provided me, along with another young woman, a ride to the ferry to attend the weekend retreat. While in conversation with us the young woman said that she had heard a tape of questions and answers from the previous year’s retreat. She went on to say that the answer given to one of the participant’s questions had changed her marriage. When

she described what she had heard I was surprised to hear her repeat advice that I had received from *The Evergreens*. I told her that that had been my question and that I had since made a decision and left my husband. She then described how her marriage of only one year had run into great difficulties of communication and that she had been thinking of leaving her relationship when she had heard the advice given to me. She too had begun to praise her husband every day. Now they had become so wonderfully close and loving toward each other that there was no thought of ending their relationship any more.

Such perfect advice was given that we each could benefit from the same message.

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Nana