

My biggest “Ah hah”

ALL IS VIBRATION

At the age of sixteen I felt a spiritual pull, not fully understood or unidentified at the time. It led me to the local United Church where my inner thirst called me to join the church through baptism. To prepare for baptism I was given a small catechism booklet to read, learn and accept, that listed some of the tenets and beliefs of the United Church. One such belief was that God was everywhere, or to use their words, God is omnipresent. I could not understand it at that time, nor for many years to follow. How can God be everywhere? God was this awesome Father figure that was somehow all powerful I thought. He was outside me somewhere, but how could he be everywhere? As the days of my life moved onward that question buried itself in the deep recesses of my mind.

Nearly 28 years later my self esteem enhancement work put me in touch with people in the metaphysical movement. One of them invited me to watch some videos of *Ramptha*, the name given to the channeled voice that spoke through Jayzee Knight while she was in a trance. Having read about *Ramptha* in one of Shirley McLean’s books, I was quite interested to attend. In one of the videos *Ramptha* spoke about everything being energy. That thought stuck with me, entering my sub conscious mind while I remained completely unaware on a conscious level that my sub conscious mind was still attempting to solve my teenage question. My sub conscious mind was playing with thoughts about energy vibration and omnipresence.

One day I was completely startled when a sudden ‘Ah Ha’ of understanding came to me. The realization was so momentous that I will never forget it. I was instantly lifted into a state of euphoria and joy.

It was a sunny summer day. I was walking to my office from my parking space several blocks away when the unexpected realization hit me as I looked at the sky. *God is energy!* Excitement filled me as the connections were made inside. God is light stepped down into different frequencies that eventually become all types of matter including that of my body. Light is but a faster energy vibration of sound, which is a faster energy vibration than air or water or earth. Everything is made of one all encompassing energy moving at different speeds of vibration. *All is vibration.* I looked at the sky and realized that only the difference in energy frequency and amplitude separated the sky from the energy frequency of the earth around me. God as vibration is the high frequency of light but also the lower frequencies and amplitudes of matter. The difference between light and matter being only how quickly or slowly the energy particles are moving or in other words how fast they are vibrating. The energy of light steps down in vibration to become that of matter but still contains the same light within it, the light of God. God can be everywhere at the same time because God is energy vibration. God as energy encompasses everything. *Thus God is omnipresent!*

God is omnipresent. God is both within and without of me. With the awesome realization and joy that filled me, as I walked along the street in this ecstasy I began to talk to the parking meters, the sidewalk and the pavement, greeting them all with great pleasure. For now I knew that they, as well as myself, were all parts of God. My soul was singing with happiness at my discovery of God's omnipresence at long last. So momentous an experience that the state of joy embraced me for several more days and my life was changed forever.

P. S. I had learned to relate to the name "God" from religious and other descriptions and had projected on God a lot of qualities and pictures in my mind. I know refer to the same energy within all creation as simply "Truth."

1996 & 2008
Nana